

# NYS High Fidelity Wraparound Implementation / 2016-2020



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## What is High Fidelity Wraparound?

High Fidelity Wraparound ("Wraparound") is an intensive, structured, team-based process that is guided by a national evidence-informed practice model. Wraparound provides a unique type of care coordination that is tailored to best serve youth with complex emotional and behavioral needs and their families.

## What makes High Fidelity Wraparound unique?

The Wraparound process focuses on:

<p>"They sold me with the positivity and not focusing on what she did in the past but moving forward with positivity." - Caregiver</p>	<p><b>Holistic and strengths-based:</b> Discovering and building youth and family strengths; developing responses that work for the whole family.</p>	<p><b>Ongoing teamwork:</b> Working together to put the plan into action, monitor how well it's working, and change it as needed, with frequent meetings with the family.</p>	<p>"...It looks at the whole picture: my child is the center, but my child can't function without organization. This has helped develop a support system." - Caregiver</p>
<p>"...a lot of people have been surprised by the fact that they are 100% the drivers of the bus. We don't come up with the plan or change the plan without them agreeing to and having a conversation about it." - Care Manager</p>	<p><b>Family and youth driven:</b> Guiding the family to select team members (family, providers, other supports) and create a family vision.</p>	<p><b>Informal support building:</b> Strengthening the youth and family's natural and community social support network, so they have help available during and after Wraparound.</p>	<p>"[The team] being able to get us to work better together. Having open communication and help me to express myself... They encourage you, they're amazing and help you reach your goals." - Youth</p>
	<p><b>Specially trained care managers:</b> Credentialing providers through a year-long training, coaching, and practice review process.</p>	<p><b>Empowerment and skill building:</b> Guiding the family to coordinate their services and supports in a way that empowers them to meet their goals and to be better able to manage their own needs, services, and supports so that the youth can remain with the family in the community.</p>	
	<p><b>Fidelity Monitoring:</b> Assessing practice to make sure it adheres to national and local standards.</p>		

## How is New York implementing High Fidelity Wraparound?

In New York State, Wraparound is implemented within the Health Homes Serving Children context. Between 2016 and 2020, New York State enrolled 269 families in High Fidelity Wraparound across 17 counties.

## What are New York State's outcomes with the integration of High Fidelity Wraparound in Health Home Care Management?

**82%** of interview participants reported that they were overall **satisfied with Wraparound**.



"This has definitely helped my Dad and [his] understanding what I am going through..." - Youth

After participating in Wraparound, interviewed caregivers reported:

- ↑ higher youth functioning,
- ↓ fewer youth symptoms,
- ↑ higher empowerment in managing youth's symptoms and services, and
- ↓ lower caregiver strain.

"[Youth] has learned to control emotions/ behaviors-even after having been weaned off of all of his medications. Youth successfully graduated from high school with excellent grades. Youth has a positive / optimistic outlook on their future and is looking forward to joining the Army in September." - Care Manager

**84%** of youth remained with their families and in their homes at discharge from Wraparound.



"[Wraparound] has helped keep everyone [in the] community and working together. It's helping all of our kids." - Caregiver

Medicaid **behavioral health-related spending decreased** significantly for Wraparound youth after enrollment and **stayed lower** after discharge from the program.



Medicaid behavioral health-related **residential treatment spending decreased significantly after enrollment for Wraparound youth** but increased for youth only enrolled in Health Homes.

