

NYS System of Care and Wraparound Training Institute Monthly Update December 2022

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Upcoming SOC Related Events

January 11, 2023 (1:00-2:00 PM), SOC County Collaborative

We will be virtually convening counties engaging in System of Care work bi-monthly to share experiences, challenges, barriers, and brainstorming. If your county has an interest in this peer opportunity, please join us. [Click here](#) for the Outlook or iCal calendar item or use the link below to join for the meeting. No need to register in advance – just show up!

Subject: System of Care County Collaborative
When: Wednesday, January 11, 2023 1:00 PM-2:00 PM.
Where:

Join ZoomGov Meeting

<https://www.zoomgov.com/j/1610608374?pwd=ZGlab0NoZWlxS0NuVlBaYjd4ZWVs2UT09>

Meeting ID: 161 060 8374

Passcode: 082218

One tap mobile

+16692545252,,1610608374# US (San Jose)

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Dial by your location

+1 669 254 5252 US (San Jose)

+1 646 828 7666 US (New York)

+1 551 285 1373 US

+1 669 216 1590 US (San Jose)

Meeting ID: 161 060 8374

Find your local number: <https://www.zoomgov.com/u/aemEJzopkR>

NYS 2022 Developmental Screening Virtual Convening

Friday, December 9, 2022

9:00 am – 12:30 pm

Purpose: [The NYS Developmental Screening Convening](#) is being held to promote developmental screening in NYS. The convening will discuss current initiatives in NYS to strengthen developmental screening, how to bill for developmental screening, and how to achieve equity in screening.

Intended Audience: This convening is open to anyone working with or caring for children prenatal to five years old including parents, caregivers, pediatricians, nurses, early intervention providers, early childhood teachers, home visiting, childcare, and others. [Click here for registration and additional information.](#)

May 10-11, 2023, FREE Systems of Care Virtual Summit

The National Center for Training and Technical Assistance on Child, Youth and Family Mental Health (NTTAC) has announced its **FREE [Virtual Systems of Care Summit](#)**, entitled Building Together: Building Systems That Care. Presentation proposals are due January 24, 2023. Stay tuned for registration information.

SHAPE Up NY Learning Collaborative

The New York State Office of Mental Health System of Care, in partnership with the Expanded School Mental Health team at the University of Rochester Medical Center, has received applications from school districts to engage in a FREE 6-month learning collaborative focused on advancing high-quality school mental health systems and supports. **Selections will be announced in early December.** [Click here to reach out](#) with any questions.

Systems of Care Action Planning

Our team is available to assist county cross-system teams in exploring implementation of the SOC framework to better address the needs, gaps and barriers for children, youth, and their families. Whether your cross systems infrastructure has been in place for decades or you need to reimagine better collaboration, this workshop can assist. **Twenty-one counties have already completed planning and are working on exciting change initiatives.** Contact [Jessica Stanis](#) for more information.

Wraparound Training and Implementation Institute

Learn about the benefits of the practice model within Health Homes from a variety of perspectives by watching an [informative video](#), or contact [Kimberly Heffner](#) for more support. Visit the [High Fidelity Wraparound tab](#) on New York State's SOC website. Find the [New York High Fidelity Wraparound Availability Chart](#) available slots in counties across the State.

Did You Know?

The social marketing tool kit materials released in 2018, in nine languages, are still available on www.msnavigator.org under the tabs Health Homes Explained, System of Care Explained, Family Peer Advocate and Youth Peer Advocate. [The Multiple System Navigator](#) is an excellent location to find information on cross-systems news and events. The site was built for youth, parents, family members and caregivers that rely on supports from multiple child and family serving systems.

The System of Care Framework has been revised to better reflect the evolution of research and children's systems changes. [This article](#) is an important one to read and come back to, time and time again.

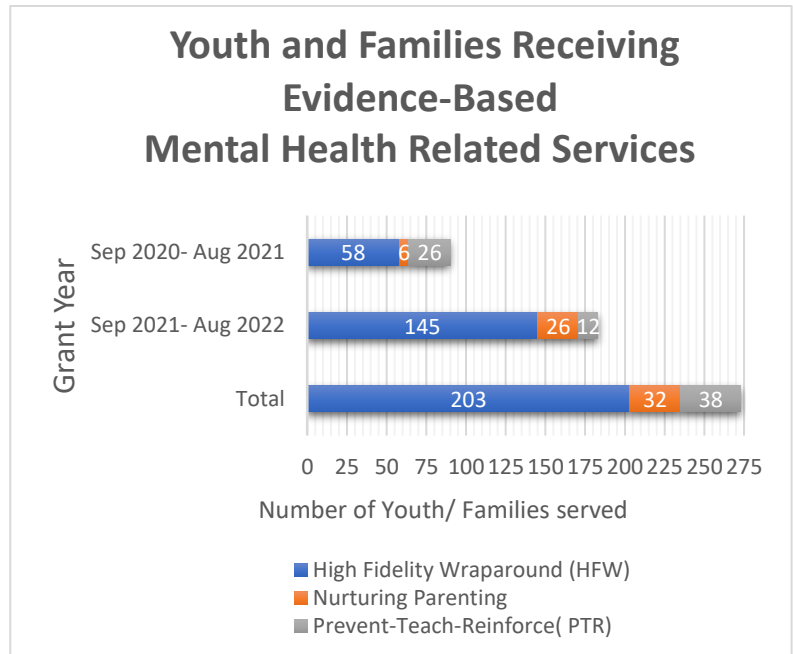
There are many webinar offerings that have been pulled together by the Institute for Innovation and Implementation at the University of Maryland, for their summer Training Institute LIVE! series. Dr. [Gary Blau's presentation Systems of Care: To Infinity and Beyond](#) should speak to many of us working towards better collaboration across systems.

NYS SOC Project – Serving Youth & Families: Evidence-Based Practices

The New York State Systems of Care (NYS SOC) Project is a four-year grant, funded by the Center for Mental Health Services (CMHS) of the federal Substance Abuse and Mental Health Services Administration (SAMHSA). Some of the grant deliverables to SAMHSA pertain to specific indicator data. The NYS Office of Mental Health (OMH) SOC evaluation team collects data at a state, county, and agency level across various domains. One indicator pertains to the provision of evidence-based mental health services to youth and families, with the goal to increase these numbers. Data submitted by rural pilot counties (Essex and Yates) and care management agencies (CMAs) throughout NYS show a variety of evidence-based practices (EBPs) being utilized as preventative measures, early intervention, and community-based treatment for youth and their families.

The table below provides a breakdown of youth and families who have been served by the following EBPs as a result of the grant: High-Fidelity Wraparound (HFW), Nurturing Parenting, and Prevent-Teach-Reinforce (PTR).

HFW is a team-based planning process intended to facilitate the provision of coordinated, comprehensive, holistic, youth and family-driven care to meet the complex needs of children, youth and families who have multiple systems involvement and who experience serious mental health or behavioral challenges¹. The NYS HFW Training and Implementation Institute continues to drive the integration and expansion of the HFW care management model in NYS via a robust training and coaching curriculum, increasing availability of HFW services. Through the 2nd year of the grant, there were 203 admissions to HFW services, with 58 admissions during the first year of the grant and 145 admissions during the second year as additional care managers began implementation of the HFW model.



Increasing behavioral and mental health support for NYS students is one of the goals of the NYS SOC Project. Prevent-Teach-Reinforce is an EBP that has been shown to reduce problematic and persistent behaviors among children and youth in school settings and increase academic engagement and social skills in school². A functional-behavior assessment (FBA) is completed to identify areas of intervention, followed by development of a behavior intervention plan tailored to each student. These behavior intervention plans are created using a trauma-informed lens and emphasize the use of self-regulation skills whenever possible. Thirty-eight students have received PTR services during the first two grant years.

To promote healthy communities and nurture positive relationships, it is important that support is available for caregivers of children and youth. Nurturing Parenting is an evidence-based, family-centered and trauma informed curriculum designed to promote positive parenting skills that can create a nourishing, caring environment for children to learn and grow³. Training is being provided via traditional classes as well as during supervised visitations to increase the reach of the programming and better meet needs. Thirty-two families have successfully completed the NP program during the first two years of the grant.

The NYS SOC Project is committed to training and advancing the practices of HFW and other EBPs, furthering the knowledge base and creating opportunities for quality service expansion in many different localities across the state.

References:

1. National Wraparound Initiative (NWI). (2022). What is Wraparound? <https://nwi.pdx.edu>
2. Dunlap, G. (2018). Prevent-Teach-Reinforce: The School-Base Model of Individualized Positive Behavior Support. Paul H. Brookes Publishing Company.
3. Nurturing Parenting. (2022). Family Development Resources. www.nurturingparenting.com

Deputy Commissioners' Corner

With the end of 2022 approaching, the Deputy Commissioners' Workgroup analyzed trends in the youth presenting to the New York State Council on Children and Families' (CCF) Interagency Resolution Unit (IRU) for assistance. The IRU assisted over 50 youth and their families in identifying and accessing services over the past year, helping to resolve interagency issues that impeded access to services for children and youth who have complex needs and required services from multiple agencies. Family members, school districts, local departments of social services, hospitals, and other professionals and advocates may refer a child or youth to the IRU when all other service options have been explored and services cannot be identified or accessed, a parent or caregiver feels their child's needs are not being met, or a child or youth is in a hospital and assistance with a discharge plan is needed. Trends in 2022 reveal an increase in youth in need of intensive mental health and intellectual and developmental disability services who were in hospitals and emergency room and transition-age youth needing assistance to facilitate access to adult services.

To better track and assist youth with complex needs in the future, a new IRU form (developed with cross-agency input) will soon be released. The Workgroup will also continue to collect and analyze data, develop measures and benchmarks, and identify and share resources. In addition, the Workgroup is eager to continue working with key stakeholders to identify other systemic and practical solutions to supporting youth with complex needs including the Healthcare Association of New York State, the Conference of Local Mental Hygiene Directors, the New York Public Welfare Association, and family and youth advocates.

In the coming year, cross-agency partners will identify and explore opportunities to implement programmatic and practical reforms that support youth and families such as short-term crisis interventions and comprehensive family-based care and treatment and include the provision of services like:

- comprehensive clinical evaluations to determine the appropriate level of care for youth with complex needs;
- multi-disciplinary, evidence-based, intensive, in-home interventions and treatment;
- coordinated care by highly-trained culturally- and linguistically-competent direct care and licensed professionals to implement a system of care approach;
- more planned and emergency respite care; and
- a comprehensive array of community-based and short-term residential crisis services.

Rooted in a shared commitment to implement creative and flexible thinking, the Deputy Commissioners' shared approach recognizes that service quality and effectiveness increase when systems are coordinated.

As New York's child-serving systems continue to undergo major systemic transformations (with the implementation of Family First, home and community-based service expansion, added crisis and respite services, 998 suicide hotline), the Deputy Commissioners' Workgroup looks to the new year with a sense of urgency and possibility about the ways to collectively advance a statewide system of care to better support youth with complex needs and their families.

Other News

Statement and resources regarding the deadly shooting at Club Q in Colorado Springs

[The Center of Excellence on LGBTQ+ Behavioral Health Equity](#) expresses our solidarity with the LGBTQ+ community in Colorado Springs. We mourn those who were senselessly killed in another act of gun violence this weekend at Club Q. This attack took place the night before Transgender Day of Remembrance, a day that

Workgroup Members	
CCF Vanessa Threatte Elana Marton Chris Tosado	OMH Sarah Kuriakose Bonnie Catlin Meredith Ray-LaBatt Angela Keller
OPWDD Jill Pettinger Abiba Kindo Josh Olsen	OCFS Lisa Ghartey-Ogundimu Gail Geohagan-Pratt Nina Alendort Galen Gmes Willow Baer Kristin Gleeson
DOH April Hamilton Ann-Margaret Foley Kirsten Siegenthaler Colette Poulin Suzanne Swan Myla Harrison	Justice Center Davin Robinson
SED Kathleen DeCataldo Suzanne Bolling	Governor's Office Emily Badalamente Kim Hill
OASAS Pat Lincourt Maria Morris Groves	

honors members of our transgender and nonbinary community whose lives have been taken by hate and violence. We extend our support to those affected by the attack at Club Q, including the first responders and courageous bystanders who stopped the active shooter.

The Center has compiled a list of [resources](#) (Google Doc) that may help those needing extra support at this time.

SAMHSA Updated Guidance on Children's Crisis Care

On November 9, the Substance Abuse and Mental Health Services Administration (SAMHSA) released the [National Guidelines for Child and Youth Behavioral Health Crisis Care](#). Melissa Schober and colleagues at The Institute for Innovation and Implementation authored accompanying guidance, [A Safe Place To Be: Crisis Stabilization Services and Other Supports for Children and Youth](#), in partnership with the National Association of State Mental Health Program Directors (NASMHPD) with funding support from SAMHSA as part of the 2022 Crisis to Care series of technical assistance briefs. The new national guidelines describe a framework upon which states and localities can build, as Asst. Secretary Delphin-Rittmon notes in the forward, "It is not the final word – it is a beginning." The Institute-authored guidance highlights the unique needs of children and youth and use of crisis stabilization to reduce unnecessary emergency department visits and interactions with law enforcement, with a particular focus on equity for historically underserved individuals and families. For more information, [contact](#) The Institute's [Policy, Finance, and Systems Design Division](#).

SOC Quarterly Virtual Learning Community Webinar – November 18, 2022

Essex County BRIEF's Stefanie Valovic Miller made a presentation on the organization's embrace of Trauma Informed principles. [Slides](#) and a [recording of the presentation](#) are available for review and reference.

Mental Health 101 Training Available

WMHT Public Media and MHANYS are partnering to offer Mental Health 101 training, with a focus on youth and families. Register for the event at this link [here](#). All are welcomed to share the following copy and images from [this press kit](#) with your contacts, on your organizations' social media, email newsletters and event calendars.

WMHT and MHANYS presents Mental Health and Wellness 101

Where: Zoom, register [here](#).

When: December 7th, 2022, 6-7pm EST

Who: Families, caregivers and adults who interact with children and youth

WMHT has partnered with MHANYS to provide a platform for training in practical skills for mental health awareness and agency through our ["Hiding in Plain Sight"](#) grant. Mental Health and Wellness 101 provides participants with a basic knowledge of mental health, wellness and recovery in an effort to reduce stigma. The training presents mental health as a continuum of wellness and an integral part of our overall health, encouraging treatment seeking behavior and self-care to manage stress. Children and youth are facing unprecedented challenges impacting their mental health and wellness. Families, caregivers and adults interacting with children and youth who want greater knowledge and awareness of how to identify mental health challenges and strategies for early interventions to promote lifelong health and wellness are encouraged to attend.

NYSED To Hold Training: Funding School Behavioral Health Efforts

Dec 8, 2022 11:00 AM

[Click here to register](#)

This training will describe the current state and federal funding utilized in NY for school behavioral health and upcoming opportunities. Presenters will identify opportunities and gaps, as well as, discuss information NYSED staff want to collect from district grantees.

Amy Dyett and Amy Dillon are from Advancing Dynamic Solutions, a small mission-driven and woman owned consulting business that works at the intersection of education, public health, behavioral health to create and advance solutions for youth and communities. They have dedicated their careers to supporting the integration of health and wellness into educational systems and policies. The Amys have

worked with state departments and school districts for over 35 combine years. They have written, managed and implemented numerous federal and state school health funding streams and have a deep understanding of how education systems work, how schools are funded, what funding opportunities exist, and how these can be braided, blended and strategically leveraged to sustain behavioral and mental health efforts in schools.

NYHealth Launches 2023 Special Projects Fund Request for Proposals

The New York Health Foundation (NYHealth) 2023 Special Projects Fund Request for Proposals (RFP) is now available. Applicants must submit an online inquiry form to determine whether a proposed project fits the funding criteria. There are two funding cycles for the 2022 Special Projects Fund. Deadline for the second round online inquiry form is **March 2, 2023**. Selected organizations will be invited to submit full proposals, with a deadline of **May 11, 2023**. Deadlines for the first round have now passed.

NYHealth Special Projects Fund awards are one-time, nonrenewable funding opportunities consistent with the Foundation’s mission to improve the health of all New Yorkers but outside of its main priority areas.

Subscribe to (or unsubscribe from) the NYS Systems of Care Listserv by emailing [Angela Keller](mailto:Angela.Keller@nyhealth.org).

The image contains three distinct promotional graphics. The first is a white box with a red speech bubble containing the text 'Need to talk?'. Below it, it says 'We've got time to listen' and 'Text "Got5" to 741741 to start a conversation'. A red button labeled 'CRISIS TEXT LINE' is present, along with the text 'Free, 24/7, Confidential Crisis Support'. The second is a purple box titled 'NY Project Hope Coping with COVID' with a heart icon. It includes links 'Here to Talk | Here to Listen | Here to Support' and a message: 'Whether you need to talk to someone or learn about resources in your community, our trained crisis counselors are available for you.' The phone number '1-844-863-9314' and hours '8am-10pm / 7 days' are listed. The third is a teal square with the large number '988' and the text 'SUICIDE & CRISIS LIFELINE'.