

NYS System of Care and Wraparound Training Institute Monthly Update July 2023

Jump To:

[Upcoming SOC-related Events & Updates](#)
[Systems of Care Action Planning](#)
[Wraparound Training & Implementation Institute](#)
[School Health Assessment and Performance \(SHAPE\)](#)
[Diversity, Equity, and Inclusion](#)

[SOC Evaluation Team Update](#)
[Deputy Commissioners' Corner](#)
[Did You Know?](#)
[Other News](#)
[Useful Links and Tools](#)

Upcoming SOC-Related Events & Updates

July 9-11, 2023 – Rural Schools Association Conference

[The Rural Schools Association](#) will hold its conference in Cooperstown, NY under the theme “Rebuilding the Rural Reality: From the Middle of Nowhere to the Heart of Everything”. [Check here for registration information](#) as it becomes available.

Systems of Care Action Planning

Our team is available to assist county cross-system teams in exploring implementation of the SOC framework to better address the needs, gaps and barriers for children, youth, and their families. Whether your cross systems infrastructure has been in place for decades or you need to reimagine better collaboration, this workshop can assist. **Twenty-six counties have already completed planning and are working on exciting change initiatives.** Contact [Jessica Stanis](#) for more information.

Wraparound Training and Implementation Institute

Learn about the benefits of the practice model within Health Homes from a variety of perspectives by watching an [informative video](#), or contact [Kimberly Heffner](#) for more support.

Visit the [High Fidelity Wraparound tab](#) on New York State’s SOC website, and find the [New York High Fidelity Wraparound Availability Chart](#) available slots in counties across the State.

School Health Assessment and Performance (SHAPE)

For districts that may have interest in [The SHAPE System](#) please register for an account to access the various assessments and resources available. For any questions related to SHAPE, please contact SHAPE@omh.ny.gov.

Nathan Kline Institute

Center for Research on Cultural and Structural Equity

The center conducts research and provides training around such topics as Racism, Social & Institutional Bias, Diversity, Equity, Inclusion, and the impacts of disparities in these areas on mental health. Information on activities and availability for consultation [can be found here](#). In addition, the center has available [tools, videos and reports](#) that can be used by organizations to support planning and to help highlight areas for development. Their Health Habitus Motivational Interviewing training is one example of such tools.

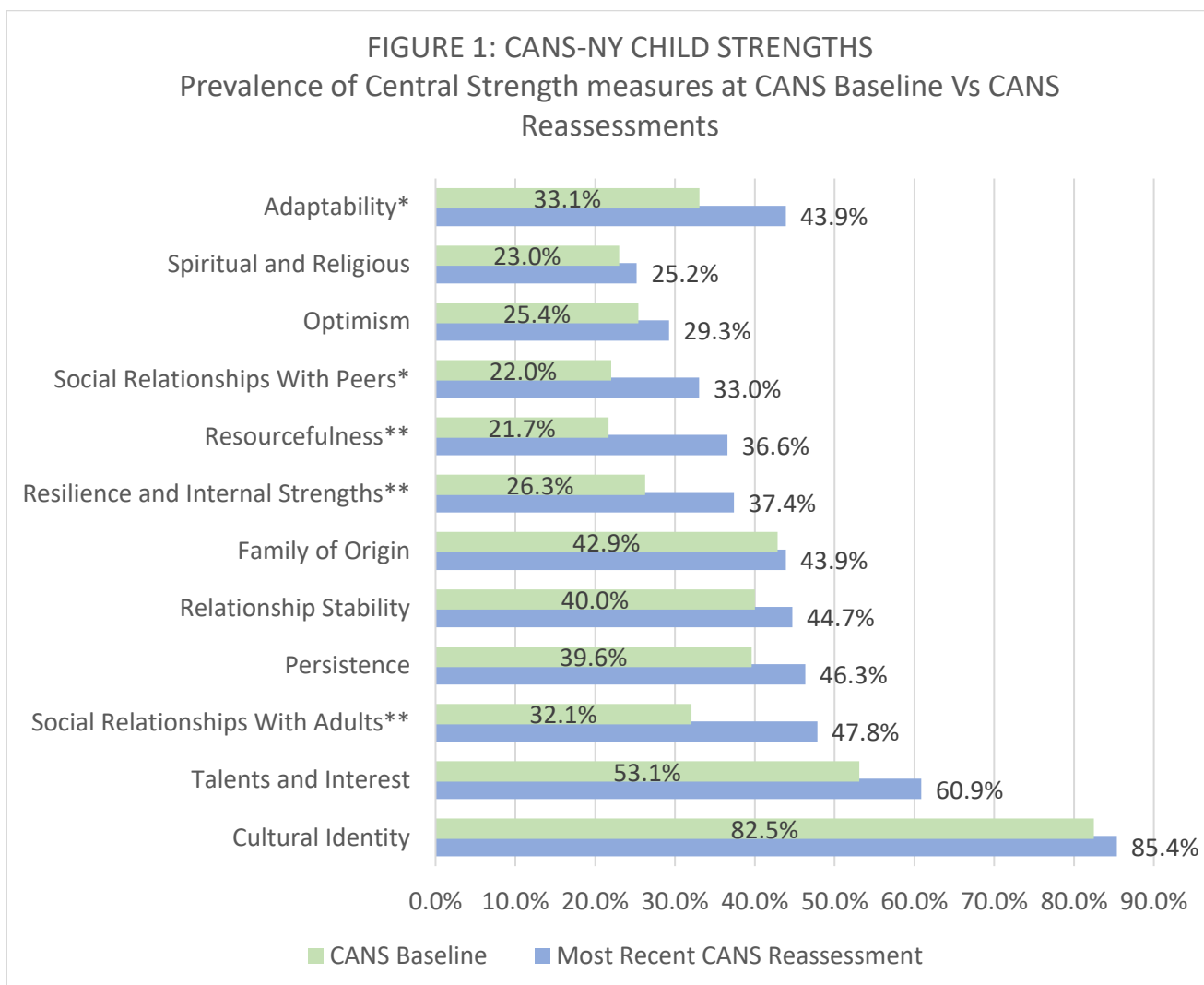
SOC Evaluation Team

NYS SOC Project – HFW Enrollee Strengths

The Child Adolescent Needs and Strengths (CANS-NY) functional assessment tool is completed by providers with the family of High Fidelity Wraparound (HFW) enrolled children/youth. It serves to identify needs and strengths of the youth (primarily) and caregiver and is completed over intervals or following changes in acuity, allowing for the data to be analyzed for changes over time. While a major focus for children and youth receiving behavioral and mental health services is on their needs and where their main struggles lie, it is also critical to acknowledge youths' existing central strengths and unseen strengths that can be built over time.

Looking at the CANS-NY Child Strengths domain, measure scores for HFW enrollees were dichotomized as a Central Strength (scores of 0-1) or as Strength Building Needed (scores of 2-3). Chi square tests of independence were run to examine statistical significance of potential relationships between the prevalence of measures of enrollee Central Strengths at baseline and their most recent CANS reassessment. Please refer to Figure 1, below. Measures of statistical significance are denoted where applicable (*p < .05; **p < .01).

Across all Child Strengths domain measures, there was an increase over time in percentage of HFW enrollees showing Central Strengths, with significant increases on several measures including Social Relationships With Peers, Social Relationships With Adults, Adaptability, Resourcefulness, and Resilience and Internal Strengths. Positive findings like these further the hope that HFW enrollees continue to improve on existing strengths and build upon new ones during and after their enrollment in the HFW care management practice model.



(*P<.05, **P<.01)

Deputy Commissioners' Corner

This month, the Deputy Commissioner's Corner is pleased to provide an update from the New York State Education Department.

- At the April 2023 Board of Regents meeting, NYSED proposed amendments to clarify, streamline and update requirements relating to proactively managing and responding to student behavior; the prohibition of corporal punishment, aversive interventions, prone restraint, and seclusion; and the permitted limited use of timeout and physical restraint.
- The proposed regulations align with the New York State Board of Regents' Diversity, Equity, and Inclusion policy, which includes all schools and all students, rests upon the foundation of ensuring informed and sufficient protections, culturally responsive, strength-based and multi-tiered supports and services, and instruction that meet students' social, emotional, behavioral, and academic needs. The proposed regulations also align the definitions of certain terms with those used by the U.S. Department of Education Office for Civil Rights, and Health and Human Services.
- The proposed regulations amend 19.5 of the Regents Rules and sections 100.2, 200.1, 200.7, 200.15 and 200.22 of the Commissioner's regulations and cover the following settings: school districts, boards of cooperative educational services (BOCES), charter schools, State-operated or State-supported schools, approved preschool special education programs, state-administered prekindergarten programs, approved in-state and out-of-state private schools serving students with disabilities, and registered nonpublic schools in New York State.

Proactive Strategies

- The proposed regulations require schools to use proactive, evidence-, and research-based strategies, including the use of multi-tiered system of supports, evidenced-based practices, and de-escalation techniques, to reduce the occurrence of challenging behaviors and improve school climate and the safety of all students.

Prohibited Interventions

- The proposed regulations continue to prohibit the use of corporal punishment, including any act of physical force upon a student for the purpose of punishing that student, and aversive interventions, including the use of mechanical restraints, intended to induce pain or discomfort for the purpose of eliminating or reducing student behavior.
- Consistent with federal guidance, the proposed regulations add a prohibition on the use of seclusion, which involves the involuntary confinement of a student alone in a room or space that they are physically prevented from leaving or they may perceive that they cannot leave at will.
- Additionally, consistent with guidance from the U.S. Department of Education that restraint should never be used in a manner that harms a child or restricts a child from breathing (and with the prohibition of prone restraint by all other New York State agencies), the proposed regulations also prohibit the use of prone restraint, where a physical or mechanical restraint is used while the student is in the face down position.

Authorized Limited Use of Timeout and Physical Restraint

- The proposed regulations provide for the authorized limited use of timeout in response to an immediate concern for the physical safety of student or others and when used in conjunction with a student with a disability's behavioral intervention plan.
- The proposed regulations also authorize the limited use of physical restraint as necessary to prevent imminent danger of serious physical harm of student or others. Physical restraint does not include a physical escort or brief physical contact and/or redirection to promote student safety, calm or comfort a student, prompt or guide a student when teaching a skill or assisting a student in completing a task, or

for other similar purposes. The use of physical restraint in response to the destruction of property is prohibited unless the property damage would result in imminent harm to the student or others.

- The proposed regulations clarify that timeout and physical restraint may only be used when other less restrictive and intrusive interventions and de-escalation techniques would not prevent imminent danger of serious physical harm to the student or others; there is no known medical contraindication to its use on the student; and school staff using such interventions have been trained in its safe and appropriate application. Timeout and physical restraints cannot be used as discipline or punishment, retaliation, or as a substitute for positive, proactive intervention strategies that are designed to change, replace, modify, or eliminate a targeted behavior.
- The following chart provides a quick reference summary of the interventions that are prohibited, those that are authorized for use on a limited basis, and those that are authorized for use to address student behavior in schools.

Prohibited Use	Authorized Limited Use	Authorized Use
Aversive Intervention	Physical restraint to prevent imminent danger of serious physical harm of student or others*	De-escalation
Corporal Punishment	Timeout in response to an immediate concern for the physical safety of student or others*	Multi-tiered system of supports
Mechanical Restraint		
Prone restraint (face-down)	Timeout used in conjunction with a student with a disability's behavioral intervention plan*	Physical escort for the purpose of inducing a student who is acting out to walk to a safe location*
Seclusion		

*Paraphrased from the §19.5 proposed regulations

Timeout and Physical Restraint Requirements

- The proposed regulations do not require schools to use timeout or physical restraint but establish guidelines for when and how timeout and physical restraint may be utilized and add documentation and reporting requirements relating to the use of timeout and physical restraint, including: Parental notification; Documentation; Debriefing; Review of Documentation; Training; Written Policy; and Reporting.

Public Comment Period [050323.pdf \(ny.gov\)](#)

- A public comment period, in accordance with the State Administrative Procedure Act, to obtain broad stakeholder input on the proposed amendments will run from May 3 to July 10, 2023. Following the public comment period, it is anticipated that the proposed amendment will be presented to the Board of Regents for permanent adoption at the July 2023 meeting. If adopted at the July 2023 meeting, the proposed amendment will become effective as a permanent rule on August 2, 2023. Communications regarding the proposed amendments may be submitted to: Kathleen DeCataldo, Assistant Commissioner, Office of Student Support Services, Room 218-M-EB, 89 Washington Avenue, Albany, NY 12234 or by email to REGCOMMENTS@nysed.gov

Along with its state partners, SED remains committed to implementing proactive, evidence-, and research-based strategies to best support children and youth in New York State.

Comments must be received by NYSED on or before July 10, 2023.

Deputy Commissioners Workgroup Membership: CCF (Vanessa Threatte, Elana Marton, Chris Tosado), DDPC (Vicky Hiffa, Jennifer Goldman), DOH (April Hamilton, Ann-Margret Foley, Myla Harrison, Suzanne Swan, Colette Poulin, Kirsten Siegenthaler), DOL (Chris White), Justice Center (Davin Robinson), OASAS (Pat Lincourt, Maria Morris Groves), OCFS (Lisa Gharthey-Ogundimu, Gail Geohagen-Pratt, Katherine Sena, Nina Aledort, Galen Gomes, Kristin Gleeson, Kathleen Hoskins), OMH (Bonnie Catlin, Angela Keller, Meredith Ray-LaBatt, Sarah Kuriakose, Nancy Pepe, Dr. Audrey Erazo-Trivino), OPWDD (Jill Pettinger, Abiba Kindo, Josh Olsen), SED (Kathleen DeCataldo, Suzanne Bolling), SOFA (Alana Stelline, Mike Gunn), Governor's Office (Emily Badalamente, Kim Hill).

Did You Know?

Call for Proposals!

New York State Trauma-Informed Network and Resource Center (NYS TINRC) will sponsor its first annual in-person conference **Join the Journey** on November 1-3, 2023, in Lake George, NY. Those interested in submitting proposals for presentations before July 21, 2023. [More information can be found here.](#)

The NYS TINRC, funded by the NYS Office of Mental Health (OMH), is a network of individuals, organizations and communities strengthening and amplifying trauma informed principles and practices across New York State, promoting wellness for all New Yorkers. The conference will be free of charge and open to all, from those just beginning their trauma informed journey to those who have been on the journey for some time.

OMH Community Mental Health Loan Repayment Program – Round Two

The New York State Office of Mental Health has issued a Request for Application (RFA) for FY 2023-2024 loan repayment awards with the purpose of recruitment and retention of psychiatrists, psychiatric nurse practitioners, and psychiatric physician assistants. Certain licensed providers of Article 28 and Article 31 services may be eligible to apply on behalf of their eligible staff. [Please click here for more information and to obtain an application.](#)

Recommendations for Tailored Youth Suicide Prevention Efforts

Research shows that youth of color and LGBTQ+ youth are at higher risk of suicide than White and heterosexual youth, which suggests the importance of tailoring prevention approaches to the populations most in need of support. [Child Trends' new brief](#) offers recommendations to help community-based organizations tailor their youth suicide prevention efforts to these populations' unique needs and strengths.

University of South Florida Offering New Mental Health & Wellness in the Workplace Course

Learn to attract and retain top talent by creating a workplace culture that fosters wellness and allows for the free expression of issues related to employees' mental health, behavioral health, and addiction. This important course, offered by the USF College of Behavioral and Community Sciences and The Crisis Center of Tampa Bay, is 100% online, free, and open to the public, with the opportunity to earn certification and digital badging. Sessions will begin in June 2023. [Register today!](#)

The National Institute for Health Care Management (NIHCM) Foundation Workforce Infographic

NIHCM has published a [new infographic](#) outlining the state of the behavioral health care workforce. It identifies shortages by provider type, the increasing demand for services, barriers to access, workforce diversity status, and the challenges in recruiting and retaining providers.

New resources and proposed regulations from U.S. Departments of Education and Health and Human Services [This recent White House press release](#) outlines steps being taken by federal agencies to expand health care access and fight the youth mental health crisis.

Other News

NCSMH 2023 Annual Conference on Advancing School Mental Health

Organized by the National Center for School Mental Health (NCSMH), this year's conference will be December 5-7, 2023, in New Orleans, LA, and is themed **Building Hopeful Futures for All Youth**. [Click here for more information.](#)

Useful Links and Tools

[New York State Systems of Care](#)

[New York State High Fidelity Wraparound](#)

[New York State SHAPE](#)

[Diversity, Equity, and Inclusion – New York State OMH/Nathan Kline Institute](#)

[NKI Center for Research on Cultural and Structural Equity in Behavioral Health](#)

[New York State OASAS Harm Reduction – Obtain Naloxone \(Narcan\) and Test Strips](#)

[NYS Multiple Systems Navigator](#)

[NYS Conference of Local Mental Hygiene Directors](#)

[National Center for Training and Technical Assistance on Child, Youth and Family Mental Health \(NTTAC\)](#)

[University of Connecticut School of Social Work Innovations Institute](#)

[Center of Excellence LGBTQ+ Behavioral Health Equity](#)

[Youth Involvement and Assessment Tool](#)

[Youth Mentoring Dashboard – NYS DCJS and NYS Youth Justice Institute](#)

[The National Institute for Health Care Management \(NIHCM\) US Children’s Well-being Infographic](#)

[New York State OCFS Mandated Reporter Decision Tree and Bias Assessment Tool](#)

[FindHelp.Com – resource for care managers](#)

[Headspace Health Unified Mental Health and Wellbeing Experience for Employers and Employees](#)

[Public Health Emergency Communications Toolkit for Medicaid and other public insurance recertification](#)

[Wisconsin Systems of Care Community Readiness Assessment](#)

Subscribe to (or unsubscribe from) the NYS Systems of Care Listserv by emailing [Laura Senecal](#).

