



NYS System of Care and Wraparound Training Institute Monthly Update August 2023

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Upcoming Systems of Care-Related Events & Updates

Systems of Care Action Planning

Our team is available to assist county cross-system teams in exploring implementation of the SOC framework to better address the needs, gaps and barriers for children, youth, and their families. Whether your cross systems infrastructure has been in place for decades or you need to reimagine better collaboration, this workshop can assist. **Twenty-seven (27) counties have already completed planning and are working on exciting change initiatives.** Contact [Jessica Stanis](#) for more information.

Wraparound Training and Implementation Institute

Learn about the benefits of the practice model within Health Homes from a variety of perspectives by watching an [informative video](#), or contact [Kimberly Heffner](#) for more support.

Visit the [High Fidelity Wraparound tab](#) on New York State's SOC website, and find the [New York High Fidelity Wraparound Availability Chart](#) available slots in counties across the State.

School Health Assessment and Performance (SHAPE)

For districts that may have interest in [The SHAPE System](#) please register for an account to access the various assessments and resources available. For any questions related to SHAPE, please contact SHAPE@omh.ny.gov.

Nathan Kline Institute

Center for Research on Cultural and Structural Equity

The center conducts research and provides training around such topics as Racism, Social & Institutional Bias, Diversity, Equity, Inclusion, and the impacts of disparities in these areas on mental health. Information on activities and availability for consultation [can be found here](#). In addition, the center has available [tools, videos and reports](#) that can be used by organizations to support planning and to help highlight areas for development. Their Health Habitus Motivational Interviewing training is one example of such tools.

Systems of Care Evaluation Team

The Systems of Care Evaluation Team gathers, analyzes and reports on data around SOC grant activities, including the High Fidelity Wraparound pilot. Reports on participation, outcomes, successes and challenges are regularly presented to funders and stakeholders, and to SOC leaders to inform progress, planning and decision-making. For any questions related to the SOC evaluation, please contact [Meg Versteegen](#).

Deputy Commissioners' Corner

This month the Deputy Commissioner's Corner is pleased to provide an update from the New York State Office for the Aging (NYSOFA). NYSOFA's mission is to help older New Yorkers be as independent as possible for as long as possible through advocacy and the development and delivery of person-centered, consumer-oriented, and cost-effective policies and programs.

NYSOFA partners with 59 local Area Agencies on Aging (AAAs) and nearly 1,200 community-based organizations to provide programs and services that help older New Yorkers stay healthy, access services, remain engaged in their communities, understand and apply for benefits, and maintain their autonomy as their functional abilities change. Collectively, these organizations work to ensure the delivery of supports and services that are responsive to the diverse needs of the 4.84 million older adults (aged 60 and older) and 4 million informal caregivers in New York State.

The Older Americans Act (OAA) supports and authorizes the wide array of social services and programs delivered by NYSOFA, in partnership with the AAAs and community-based organizations. Section 307 of the OAA requires states to develop and administer a multi-year plan that demonstrates how the needs of older adults, their families, and caregivers will be assessed and met using OAA funds and other funding resources.

NYSOFA recently submitted the 2023-2027 New York State Plan on Aging to the Administration for Community Living (ACL) of the U.S. Department of Health and Human Services for approval. This Plan is the roadmap that will guide the provision of programs and services for older adults, their families, and caregivers in New York State. It lays the foundation for shaping policy development and also identifies the priorities that NYSOFA will engage in over the next four years. This includes:

- Developing and implementing a Master Plan for Aging in partnership with the New York State Department of Health (DOH);
- Providing access to in-home services and supports;
- Supporting age-friendly state and community initiatives that help individuals of all ages grow up, and grow older, through smart growth and livability principles;
- Partnering with public and private sector agencies and organizations to test innovative solutions to combat social isolation, mitigate elder abuse, expand transportation options, promote nutrition, and expand and replicate these solutions within the aging services network;
- Assessing and aggregating data on formal and informal caregivers to develop strategies that support them in their caregiving role, including working to implement recommendations from ACL's National Strategy to Support Family Caregivers.
- Improving the economic security of older adults by assisting in upskilling, for older adults who are working or going back to work;
- Assisting older adults with accessing benefits and services for which they are eligible;
- Providing one on one assistance to older adults to help them better understand and navigate Medicare and other health insurance benefits
- Working to increase participation in federal and state means-based programs to reduce out of pocket expenses of older adults;
- Investing in and expanding solutions for consistent social connection for older adults to prevent social isolation and loneliness;
- Re-invigorating private pay models for individuals with higher incomes to expand service delivery options and generate income by subsidizing services for lower income older adults;
- Continuing to strengthen the state's NY Connects No Wrong Door system;
- Continuing to expand on the statewide Elder Abuse Interventions and Enhanced Multi-Disciplinary Team approach to elder abuse and testing technological supports to identify financial fraud;
- Teaching older adults how to manage complex chronic conditions through evidence-based programs and working to expand such programs to other populations;
- Combatting ageism; and

- Continuing education and outreach to identify signs and symptoms of sepsis.

Deputy Commissioners Workgroup Membership: CCF (Vanessa Threatte, Elana Marton, Chris Tosado), DDPC (Vicky Hiffa), DOH (April Hamilton, Ann-Margret Foley, Myla Harrison, Suzanne Swan, Colette Poulin, Kirsten Siegenthaler), DOL (Chris White), Justice Center (Davin Robinson), OASAS (Pat Lincourt, Maria Morris Groves), OCFs (Lisa Gharthey-Ogundimu, Gail Geohagen-Pratt, Katherine Sena, Nina Aledort, Galen Gomes, Kristin Gleeson, Kathleen Hoskins), OMH (Bonnie Catlin, Angela Keller, Meredith Ray-LaBatt, Sarah Kuriakose, Nancy Pepe), OPWDD (Jill Pettinger, Abiba Kindo, Josh Olsen), SED (Kathleen DiCataldo, Suzanne Bolling), SOFA (Alana Stelline, Michael Gunn), Governor's Office (Emily Badalamente, Kim Hill)

Exemplars of Systems of Care Work in NYS

Essex County BRIEF Briefs Board of Supervisors!

Using their [new infographic](#), [Essex County BRIEF](#) (Building Resiliency In Essex Families) updated the Essex County Board of Supervisors on their first-year accomplishments at a meeting outlined in [this exciting article](#). Highlights included a discussion around continued funding for the project, sharing of newly-created marketing and social media materials, and an update on children served through the High Fidelity Wraparound practice model used in Health Homes.

Westchester Children's Association - First Ever "Commissioners Conversation"

[Westchester Children's Association](#) (WCA) recently hosted their first "[Commissioners Conversation](#)" which convened county officials to discuss the preliminary release of numbers and information from WCA's [2023 Westchester Children by the Numbers Data Bulletin](#), a statistical portrait of the issues facing Westchester's children today. The event provided a platform for county officials to share their vision of how their departments will work toward a better future for Westchester's children, youth, and young adults. WCA's full report will be released in November 2023.

Yates County INSYGHT Offers Critical Information Refrigerator Magnets

[Yates INSYGHT](#) (Inclusive Network Supporting Youth and families towards Growth, Health, and Teamwork) has made it a priority to develop and support an up-to-date and [user-friendly resource list](#) that can be used universally for all Yates County youth, families, and individuals. Refrigerator magnets containing the image below have been distributed throughout the community in an effort to get the list into the homes of families. The magnets contain quick QR code access to [their list of resources](#), along with important crisis hotline numbers for the region.



Did You Know?

Call for Proposals!

New York State Trauma-Informed Network and Resource Center (NYS TINRC) will sponsor its first annual in-person conference **Join the Journey** on November 1-3, 2023, in Lake George, NY. Those interested in submitting proposals for presentations before July 21, 2023. [More information can be found here.](#)

The NYS TINRC, funded by the NYS Office of Mental Health (OMH), is a network of individuals, organizations and communities strengthening and amplifying trauma informed principles and practices across New York

State, promoting wellness for all New Yorkers. The conference will be free of charge and open to all, from those just beginning their trauma informed journey to those who have been on the journey for some time.

Submit Your Presentation Ideas!

The New York State System of Care team at Office of Mental Health is establishing a new series of SOC Virtual Learning Community Webinars starting this fall and is seeking presentations from County System of Care teams to highlight exemplary approaches and outcomes to their work. If your team is interested in making a presentation, please contact [Jessica Stanis](#) with a contact name, phone and email, along with a brief webinar proposal summary. All ideas supporting learning for System of Care folks are welcome! [Click here for a program flyer you can distribute to partners.](#)

National Minority Mental Health Awareness Month

National Minority Mental Health Awareness Month is observed each July to bring awareness to the unique struggles that racial and ethnic minority communities face regarding mental illness in the United States. In addition to raising awareness, the [Office of Mental Health's Office of Diversity and Inclusion](#) also wants to share resources, draw attention to the Agency's multifaceted strategy to eliminate disparities, and asks everyone to commit to the actions necessary to eliminate disparities. Resources and infographics include [The Mental Health Effects of Racism](#), [Spotlight Series: New Americans](#), [Spotlight Series: LGBTQ-People of Color](#), [Spotlight Series: Latinx](#), [Spotlight Series: Asian-Americans](#), and [Spotlight Series: African-Americans](#). [Additional resources can be found here.](#)

Center for Medicare and Medicaid Services Launches School-based Services TA Center

Following the release in May of the [School-Based Services \(SBS\) Comprehensive Guide to Medicaid Services and Administrative Claiming](#), the Center for Medicare & Medicaid Services launched the [SBS Technical Assistance \(TA\) Center](#). The TA Center will assist in implementing Medicaid SBS and the website will offer resources and materials.

2023 KIDS COUNT Data Book Available

The Annie E. Casey Foundation released the [2023 KIDS COUNT Data Book](#), which offers national and state data across four domains — economic well-being, education, health and family, and community — and ranks states in overall child well-being.

Funding Available for HealthySteps

The New York State Office of Mental Health (OMH) announces the availability of funds to support the implementation of [HealthySteps](#), an evidence-based program that serves both young children ages birth to three and their families in a pediatric healthcare setting, and which is non-stigmatizing and offers universal access. Using a streamlined procurement process, OMH has issued a Request For Applications available in [Grants Gateway](#). OMH anticipates making up to 70 awards across the state, and the issuing officer is [Carol Swiderski](#). For assistance registering in or navigating [Grants Gateway](#), please contact grantsgateway@its.ny.gov.

OMH 988 Updates and Education Newsletter Available

We are pleased to share the fourth edition of this newsletter, highlighting important facts about 988, including where 988 calls are routed in New York, as well as information about the new LGBTQ+ Youth and Young Adult Support Line. Previous editions of the newsletter can be found on the [New York 988 webpage](#), or you can download PDF versions here in [English](#), [Spanish](#), [Simplified Chinese](#) and [Traditional Chinese](#). This resource can also be requested for any language that is not already available by filling out the [988 Resource Translation Request Form](#).

Toolkit Addresses Youth Engagement Strategies

A new resource from the [Office of Juvenile Justice and Delinquency Prevention](#) focuses on ways state advisory groups (SAGs) can engage with youth members and understand youth justice issues. [Toolkit for Implementing Authentic Youth Engagement Strategies Within State Advisory Groups](#) offers graphics and interactive tools to help SAGs assess and enhance their youth engagement strategies.

FREE Training for New York State Clinicians

The **Scalable Psychopathology Intervention Intensive Training for ID & ASD** (SPIRIT-ID ASD) training model, refined over the last several years and delivered to international clinician audiences, teaches

practitioners the skills they need to treat mental health issues in youth with Autism Spectrum Disorder. It includes indirect training elements such as didactics in foundational and applicable knowledge relevant to this population, as well as in the core skills and mechanisms of cognitive behavioral therapy (CBT), and direct training (involving procedures such as modeling, role-playing, rehearsal, and feedback). Throughout the course, content will take a neurodiversity-affirming approach and incorporate lived-experience perspectives. For a limited time, the New York State Office of Mental Health (OMH) is funding all eligible practitioners who want to be trained in SPIRIT-ID ASD. **Mental health providers will be able to participate in the program at no cost and will earn a certificate from Stony Brook University.**

This program is available to all New York State practitioners who meet the following criteria:

- Licensed mental health clinicians practicing in New York State
- Currently working in an OMH licensed, designated, or funded **outpatient** program or facility
- Current clinical experience treating children and/or adolescents
- Some experience or familiarity with cognitive behavioral therapy

Previous experience with ASD/ID is not necessary.

Visit <https://www.stonybrook.edu/commcms/cce/human-services-education/spirit-omh.php> to sign up for this free training opportunity!

Next cohort:

Kickoff August 21, 2023

August 28 - October 2, 2023

Zoom sessions meet on Mondays from 1:30 - 2:30 pm

Future Cohorts

Kickoff October 10, 2023

October 17 - November 21, 2023

Zoom sessions meet on Tuesdays from 12 - 1 pm

Kickoff: January 15, 2024

January 22 - March 4, 2024

Zoom sessions meet on Mondays (Time TBD)

Other News

NCSMH 2023 Annual Conference on Advancing School Mental Health

Organized by the National Center for School Mental Health (NCSMH), this year's conference will be December 5-7, 2023, in New Orleans, LA, and is themed ***Building Hopeful Futures for All Youth***. [Click here for more information.](#)

Long Island School-based Mental Health Graduate Student Scholarships Available

The Long Island Mental Health Professional Expansion Project (LIMHPEP) has 16 scholarships available for eligible graduate students in an effort to expand the qualified mental health workforce in school social work, school counseling or clinical mental health counseling in high-need school districts on Long Island.

Scholarships include professional development coaching and support throughout the academic journey.

[Please click here for additional information.](#)

American Psychological Association Inclusive Language Guidelines

The American Psychological Association (APA) has [published a set of guidelines](#) for our use of language supporting Diversity, Equity and Inclusion. This document is a great addition to trainings or in support of any DEI conversation, and includes alternative terms and phrases for age, disability status, gender, race and many other categories.

Useful Links and Tools

- [New York State Systems of Care](#)
- [New York State High Fidelity Wraparound](#)
- [New York State SHAPE](#)
- [Diversity, Equity, and Inclusion – New York State OMH/Nathan Kline Institute](#)
- [NKI Center for Research on Cultural and Structural Equity in Behavioral Health](#)
- [New York State OASAS Harm Reduction – Obtain Naloxone \(Narcan\) and Test Strips](#)
- [NYS Multiple Systems Navigator](#)
- [New York 988 Website](#)
- [NYS Grants Gateway](#)
- [NYS Conference of Local Mental Hygiene Directors](#)
- [National Center for Training and Technical Assistance on Child, Youth and Family Mental Health \(NTTAC\)](#)
- [University of Connecticut School of Social Work Innovations Institute](#)
- [Center of Excellence LGBTQ+ Behavioral Health Equity](#)
- [Youth Involvement and Assessment Tool](#)
- [Youth Mentoring Dashboard – NYS DCJS and NYS Youth Justice Institute](#)
- [Toolkit for Implementing Authentic Youth Engagement Strategies Within State Advisory Groups](#)
- [The National Institute for Health Care Management \(NIHCM\) US Children's Well-being Infographic](#)
- [New York State OCFS Mandated Reporter Decision Tree and Bias Assessment Tool](#)
- [FindHelp.Com – resource for care managers](#)
- [Headspace Health Unified Mental Health and Wellbeing Experience for Employers and Employees](#)
- [Public Health Emergency Communications Toolkit for Medicaid and other public insurance recertification](#)
- [Wisconsin Systems of Care Community Readiness Assessment](#)
- [American Psychological Association DEI Inclusive Language Guidelines](#)

Subscribe to (or unsubscribe from) the NYS Systems of Care Listserv by emailing [Angela Keller](#).

