

NYS System of Care and Wraparound Training Institute Monthly Update September 2023

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Upcoming Systems of Care-Related Events & Updates

2024 Virtual Systems of Care Summit – “All Systems Go!”

On May 14-16, 2024, the [National Center for Training and Technical Assistance on Child, Youth, and Family Mental Health \(NTTAC\)](#) will present the third annual virtual Systems of Care summit, entitled “*All Systems Go! Taking Action Together*”. A [call for proposals](#) has been issued with a submission due date of November 6, 2023. More information will be available soon, so [click here to sign up for the NTTAC newsletter](#).

Systems of Care Action Planning

Our team is available to assist county cross-system teams in exploring implementation of the SOC framework to better address the needs, gaps and barriers for children, youth, and their families. Whether your cross systems infrastructure has been in place for decades or you need to reimagine better collaboration, this workshop can assist. **Twenty-seven (27) counties have already completed planning and are working on exciting change initiatives.** Contact [Jessica Stanis](#) for more information.

Wraparound Training and Implementation Institute

Learn about the benefits of the practice model within Health Homes from a variety of perspectives by watching an [informative video](#), or contact [Kimberly Heffner](#) for more support.

Visit the [High Fidelity Wraparound tab](#) on New York State’s SOC website, and find the [New York High Fidelity Wraparound Availability Chart](#) available slots in counties across the State.

School Health Assessment and Performance (SHAPE)

For districts that may have interest in [The SHAPE System](#) please register for an account to access the various assessments and resources available. For any questions related to SHAPE, please contact SHAPE@omh.ny.gov.

Nathan Kline Institute

Center for Research on Cultural and Structural Equity

The center conducts research and provides training around such topics as Racism, Social & Institutional Bias, Diversity, Equity, Inclusion, and the impacts of disparities in these areas on mental health. Information on activities and availability for consultation [can be found here](#). In addition, the center has available [tools, videos and reports](#) that can be used by organizations to support planning and to help highlight areas for development. Their Health Habitus Motivational Interviewing training is one example of such tools.

Systems of Care Evaluation Team

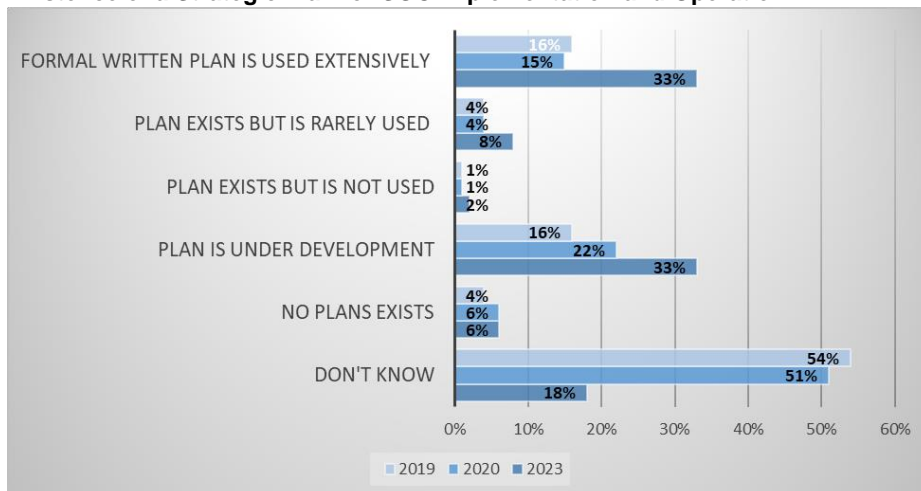
The Systems of Care Evaluation Team gathers, analyzes and reports on data around SOC grant activities, including the High Fidelity Wraparound pilot. Reports on participation, outcomes, successes, and challenges are regularly presented to funders and stakeholders, and to SOC leaders to inform progress, planning and decision-making. For any questions related to the SOC evaluation team, please contact [Meg Versteegen](#).

NYS SOC: Strategic Plan for the System of Care Approach

The Rating Tool Survey for Implementation of the System of Care (SOC) Approach asks respondents to evaluate the extent to which their county had a strategic plan in place for SOC implementation and operation. This survey was administered in 2019, 2020, and 2023, allowing for a comparison of responses over time.

In 2023, a third of respondents (33%) indicated that their community has a formal written plan that is used extensively to guide implementation of the SOC approach (score=4). This is an improvement from 2020 and 2019, where only 15% and 16% of respondents, respectively, indicated that a formal written plan is used extensively. Another 33% of respondents indicated that their community or region is in the plan development stage (score=1). While almost a fifth (18%) of respondents in 2023 indicated that they did not know if a plan existed, this is a large improvement from both 2020 and 2019, when more than half of respondents reported they were unaware if a plan existed ('Don't Know' responses were excluded from calculation of means). This survey question had a higher mean score compared to the 2020 findings, suggesting that counties are actively developing and executing their strategic plans. The average score across all respondents in 2023 was 2.34, compared to an average score of 2.01 in the 2020 survey administration, indicating a statistically significant improvement ($t=2.25, p=0.02$). This suggests an increase in strategic plan existence and use in communities across NYS, which is important to ensure a thoughtful and tactical approach to local system of care development and integration.

Existence of a Strategic Plan for SOC Implementation and Operation



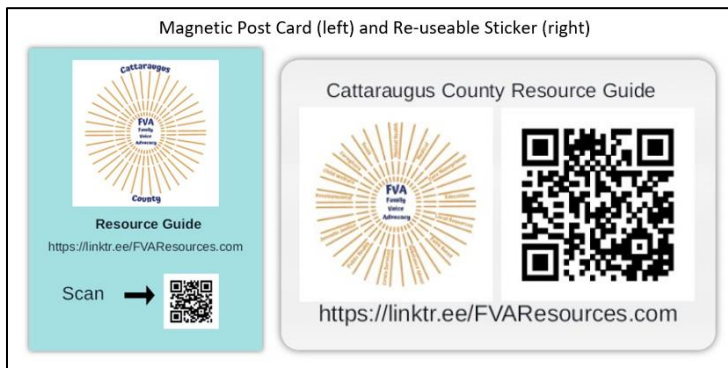
Deputy Commissioners' Corner

VIRTUAL MEETING WITH FAMILY AND YOUTH PARTNERS - On June 30, 2023, the New York State Council on Children and Families (CCF), with support from the NYS Conference of Local Mental Hygiene Directors and the New York State Office of Mental Health, conducted a virtual Listening Session with CCF member agency deputy commissioners/senior staff and youth and family partners with lived experience. The Session, facilitated by DSC Leadership Consulting, LLC, focused on turning challenges into opportunities. With a positive mindset driving the discussion, a robust discussion of the opportunities to address challenges to better meet the needs of children and families followed.

Creating a stable and well-qualified workforce

- Collecting and analyzing data about the multi-faced causes of the current workforce challenges.

Materials include palm cards, stickers, post cards and magnets. In addition, the committee has developed it's [Lotus Awards](#) to acknowledge individuals who embrace community services and resources with courage.



Essex County BRIEF Briefs Board of Supervisors!

Using their [new infographic](#), [Essex County BRIEF](#) (Building Resiliency In Essex Families) updated the Essex County Board of Supervisors on their first-year accomplishments at a meeting outlined in [this exciting article](#). Highlights included a discussion around continued funding for the project, sharing of newly-created marketing and social media materials, and an update on children served through the High Fidelity Wraparound practice model used in Health Homes.

Westchester Children's Association - First Ever "Commissioners Conversation"

[Westchester Children's Association](#) (WCA) recently hosted their first "[Commissioners Conversation](#)" which convened county officials to discuss the preliminary release of numbers and information from WCA's [2023 Westchester Children by the Numbers Data Bulletin](#), a statistical portrait of the issues facing Westchester's children today. The event provided a platform for county officials to share their vision of how their departments will work toward a better future for Westchester's children, youth, and young adults. WCA's full report will be released in November 2023.

Yates Count INSYGHT Offers Critical Information Refrigerator Magnets

[Yates INSYGHT](#) (Inclusive Network Supporting Youth and families towards Growth, Health, and Teamwork) has made it a priority to develop and support an up-to-date and [user-friendly resource list](#) that can be used universally for all Yates County youth, families, and individuals. Refrigerator magnets containing the image below have been distributed throughout the community in an effort to get the list into the homes of families. The magnets contain quick QR code access to [their list of resources](#), along with important crisis hotline numbers for the region.



Did You Know?

New York Peer Workforce Advancement and Mentoring Network

The National Association of Peer Supports (NAPS) has partnered with the New York State Office of Mental Health to develop a network to provide leadership, support, advocacy, best practice guidelines, training, and mentorship to the peer support workforce within New York. Be among the first to know as offerings through the network become available by [completing this online form](#).

Call for Proposals!

New York State Trauma-Informed Network and Resource Center (NYS TINRC) will sponsor its first annual in-person conference *Join the Journey* on November 1-3, 2023, in Lake George, NY. [More information can be found here](#).

The NYS TINRC, funded by the NYS Office of Mental Health (OMH), is a network of individuals, organizations and communities strengthening and amplifying trauma informed principles and practices across New York State, promoting wellness for all New Yorkers. The conference will be free of charge and open to all, from those just beginning their trauma informed journey to those who have been on the journey for some time.

Submit Your Presentation Ideas!

The New York State System of Care team at Office of Mental Health is establishing a new series of SOC Virtual Learning Community Webinars starting this fall and is seeking presentations from County System of Care teams to highlight exemplary approaches and outcomes to their work. If your team is interested in making a presentation, please contact [Jessica Stanis](#) with a contact name, phone and email, along with a brief webinar proposal summary. All ideas supporting learning for System of Care folks are welcome! [Click here for a program flyer you can distribute to partners](#).

2023 KIDS COUNT Data Book Available

The Annie E. Casey Foundation released the [2023 KIDS COUNT Data Book](#), which offers national and state data across four domains — economic well-being, education, health and family, and community — and ranks states in overall child well-being.

Funding Available for HealthySteps

The New York State Office of Mental Health (OMH) announces the availability of funds to support the implementation of [HealthySteps](#), an evidence-based program that serves both young children ages birth to three and their families in a pediatric healthcare setting, and which is non-stigmatizing and offers universal access. Using a streamlined procurement process, OMH has issued a Request For Applications available in [Grants Gateway](#). OMH anticipates making up to 70 awards across the state, and the issuing officer is [Carol Swiderski](#). For assistance registering in or navigating [Grants Gateway](#), please contact grantsgateway@its.ny.gov.

OMH 988 Updates and Education Newsletter Available

We are pleased to share the fourth edition of this newsletter, highlighting important facts about 988, including where 988 calls are routed in New York, as well as information about the new LGBTQ+ Youth and Young Adult Support Line. Previous editions of the newsletter can be found on the [New York 988 webpage](#), or you can download PDF versions here in [English](#), [Spanish](#), [Simplified Chinese](#) and [Traditional Chinese](#). This resource can also be requested for any language that is not already available by filling out the [988 Resource Translation Request Form](#).

FREE Training for New York State Clinicians

The **Scalable Psychopathology Intervention Intensive Training for ID & ASD** (SPIRIT-ID ASD) training model, refined over the last several years and delivered to international clinician audiences, teaches practitioners the skills they need to treat mental health issues in youth with Autism Spectrum Disorder. It includes indirect training elements such as didactics in foundational and applicable knowledge relevant to this population, as well as in the core skills and mechanisms of cognitive behavioral therapy (CBT), and direct training (involving procedures such as modeling, role-playing, rehearsal, and feedback). Throughout the course, content will take a neurodiversity-affirming approach and incorporate lived-experience perspectives.

For a limited time, the New York State Office of Mental Health (OMH) is funding all eligible practitioners who want to be trained in SPIRIT-ID ASD. **Mental health providers will be able to participate in the program at no cost and will earn a certificate from Stony Brook University.**

This program is available to all New York State practitioners who meet the following criteria:

- Licensed mental health clinicians practicing in New York State
- Currently working in an OMH licensed, designated, or funded **outpatient** program or facility
- Current clinical experience treating children and/or adolescents
- Some experience or familiarity with cognitive behavioral therapy

Previous experience with ASD/ID is not necessary.

Visit <https://www.stonybrook.edu/commcms/cce/human-services-education/spirit-omh.php> to sign up for this free training opportunity!

Upcoming Cohorts

Kickoff October 10, 2023

October 17 - November 21, 2023

Zoom sessions meet on Tuesdays from 12 - 1 pm

Kickoff: January 15, 2024

January 22 - March 4, 2024

Zoom sessions meet on Mondays (Time TBD)

Other News

NCSMH 2023 Annual Conference on Advancing School Mental Health

Organized by the National Center for School Mental Health (NCSMH), this year's conference will be December 5-7, 2023, in New Orleans, LA, and is themed **Building Hopeful Futures for All Youth**. [Click here for more information.](#)

Long Island School-based Mental Health Graduate Student Scholarships Available

The Long Island Mental Health Professional Expansion Project (LIMHPEP) has 16 scholarships available for eligible graduate students in an effort to expand the qualified mental health workforce in school social work, school counseling or clinical mental health counseling in high-need school districts on Long Island. Scholarships include professional development coaching and support throughout the academic journey. [Please click here for additional information.](#)

American Psychological Association Inclusive Language Guidelines

The American Psychological Association (APA) has [published a set of guidelines](#) for our use of language supporting Diversity, Equity and Inclusion. This document is a great addition to trainings or in support of any DEI conversation, and includes alternative terms and phrases for age, disability status, gender, race and many other categories.

Useful Links and Tools

- [New York State Systems of Care](#)
- [New York State High Fidelity Wraparound](#)
- [New York State SHAPE](#)
- [Diversity, Equity, and Inclusion – New York State OMH/Nathan Kline Institute](#)
- [NKI Center for Research on Cultural and Structural Equity in Behavioral Health](#)
- [New York State OASAS Harm Reduction – Obtain Naloxone \(Narcan\) and Test Strips](#)
- [NYS Multiple Systems Navigator](#)
- [New York 988 Website](#)
- [NYS Grants Gateway](#)
- [NYS Conference of Local Mental Hygiene Directors](#)
- [National Center for Training and Technical Assistance on Child, Youth and Family Mental Health \(NTTAC\)](#)
- [University of Connecticut School of Social Work Innovations Institute](#)
- [Center of Excellence LGBTQ+ Behavioral Health Equity](#)
- [Youth Involvement and Assessment Tool](#)
- [Youth Mentoring Dashboard – NYS DCJS and NYS Youth Justice Institute](#)
- [Toolkit for Implementing Authentic Youth Engagement Strategies Within State Advisory Groups](#)

- [The National Institute for Health Care Management \(NIHCM\) US Children's Well-being Infographic](#)
- [New York State OCFS Mandated Reporter Decision Tree and Bias Assessment Tool](#)
- [FindHelp.Com – resource for care managers](#)
- [Headspace Health Unified Mental Health and Wellbeing Experience for Employers and Employees](#)
- [Public Health Emergency Communications Toolkit for Medicaid and other public insurance recertification](#)
- [Wisconsin Systems of Care Community Readiness Assessment](#)
- [American Psychological Association DEI Inclusive Language Guidelines](#)
- [Medicaid and School Based Services Technical Assistance Center](#)

Subscribe to (or unsubscribe from) the NYS Systems of Care Listserv by emailing [Angela Keller](#).

