

NYS System of Care and Wraparound Training Institute Monthly Update October 2023

Jump To:

[NYS System of Care Team News](#)
[Upcoming SOC-related Events & Updates](#)
[Systems of Care Action Planning](#)
[Wraparound Training & Implementation Institute](#)
[School Health Assessment and Performance \(SHAPE\)](#)
[Diversity, Equity, and Inclusion - NKI](#)

[Systems of Care Evaluation Team](#)
[Deputy Commissioners' Corner](#)
[Exemplars of SOC Work](#)
[Did You Know?](#)
[Useful Links and Tools](#)

NYS System of Care Team News

Farewell to Two Valued Members of Our New York State System of Care Team

Two of our dedicated colleagues, Skip Zimmerman and Imari Wilson have left their positions to embark on new journeys within the New York State Office of Mental Health (OMH).

Skip, formerly the Project's Training and Implementation Specialist, has joined the OMH Bureau of Emergency Preparedness and Response in the Office of Planning to help coordinate the organization's emerging Disaster Mental Health program. He'll be part of a team that will be developing the infrastructure, recruitment and training needed to engage and deploy mental health teams across the state in response to local and regional disasters.

Imari Wilson, formerly the Project's Youth Peer Engagement Specialist, has joined the Office of Diversity and Inclusion at the OMH. Imari will be assisting in the coordination of diversity and inclusion programs, promoting policies and strategies for equal opportunity, and ensuring compliance with state and federal laws. Imari will be involved in gathering and analyzing data related to diversity and inclusion, and the promotion of diversity principles into training and educational programs.

Skip and Imari have been instrumental in our team's success, consistently bringing their expertise, passion, and dedication to our work across the state. While we will undoubtedly miss their presence on our team, we are excited to see them continue to grow and excel in their new roles.

Upcoming Systems of Care-Related Events & Updates

2024 Virtual Systems of Care Summit – “All Systems Go!”

On May 14-16, 2024, the [National Center for Training and Technical Assistance on Child, Youth, and Family Mental Health \(NTTAC\)](#) will present the third annual virtual Systems of Care summit, entitled “*All Systems Go! Taking Action Together*”. A [call for proposals](#) has been issued with a submission due date of November 6, 2023. More information will be available soon, so [click here to sign up for the NTTAC newsletter](#).

Project Updates

Systems of Care Action Planning

Our team is available to assist county cross-system teams in exploring implementation of the SOC framework to better address the needs, gaps and barriers for children, youth, and their families. Whether your cross systems infrastructure has been in place for decades or you need to reimagine better collaboration, this workshop can assist. **Twenty-seven (27) counties have already completed planning and are working on exciting change initiatives.** Contact [Jessica Stanis](#) for more information.

Wraparound Training and Implementation Institute

Visit the [High Fidelity Wraparound tab](#) on New York State's SOC website, and find the [New York High Fidelity Wraparound Availability Chart](#) available slots in counties across the State.

School Health Assessment and Performance (SHAPE)

SHAPE Up NY Learning Collaborative Opportunity

The New York State Office of Mental Health System of Care Pilot, in partnership with the Expanded School Mental Health team at the University of Rochester Medical Center, is **pleased to offer an opportunity for New York State BOCES teams to engage in a FREE 6-month learning collaborative focused on advancing high-quality school mental health systems and supports.** This is an opportunity to engage in strategic action planning and development of the capacity to provide strong training, quality improvement, and technical assistance to districts in improving school mental health systems through the School Health and Performance Evaluation (SHAPE) System.

[Click here](#) for the application to our upcoming **SHAPE Up NY Learning Collaborative.** The application is due **November 3rd**. Completed applications should be sent to SHAPE@omh.ny.gov. BOCES teams can visit [The SHAPE System](#) or [NYS SOC website](#) for more information on SHAPE.

For any questions related to SHAPE or the SHAPE Up NY Learning Collaborative, please contact SHAPE@omh.ny.gov.

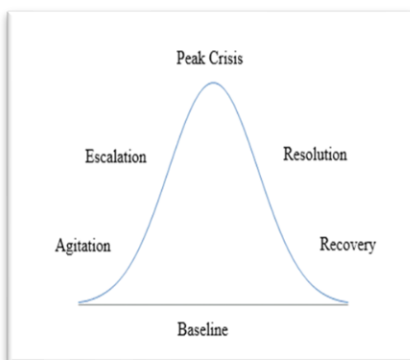
Nathan Kline Institute

Center for Research on Cultural and Structural Equity

The center conducts research and provides training around such topics as Racism, Social & Institutional Bias, Diversity, Equity, Inclusion, and the impacts of disparities in these areas on mental health. Information on activities and availability for consultation [can be found here](#). In addition, the center has available [tools, videos and reports](#) that can be used by organizations to support planning and to help highlight areas for development. Their Health Habitus Motivational Interviewing training is one example of such tools.

Systems of Care Evaluation Team

NYS SOC: Crisis/Safety Plan

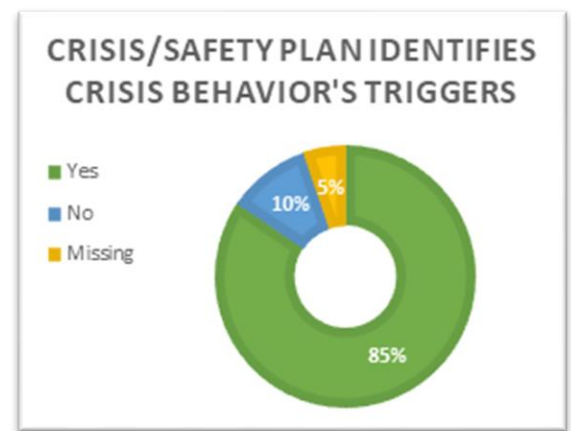


The High Fidelity Wraparound (HFW) care management model is comprised of four phases with specific activities designed to help accomplish the main goals of each phase. One of the first steps in Phase 1: Engagement is the creation of an individualized Crisis/Safety Plan with the youth and family. A Crisis/Safety Plan is meant to identify behavioral indicators of agitation, escalation, and peak, as well as identify actions that those around the child/youth can take to de-escalate the situation and keep the child/youth and others safe in the resolution and recovery stages. HFW Care Managers

work with the family to create the first plan at the initial face-to-face meeting and review it at every subsequent Child Family Team Meeting; additionally, Crisis/Safety Plans are reviewed within 72 hours following a crisis to debrief and discuss any necessary revisions.

Looking at data from NYS SOC grant year 3 for participating HFW care management agencies, a total of 116 cases were included in analysis. The majority of these cases (85%) included a

Crisis/Safety Plan that identifies crisis behavior's triggers. Creation of a Crisis/Safety Plan is an important piece in the HFW process as well as a measure of fidelity to the HFW model and is a current area of strength for participating agencies.



Deputy Commissioners' Corner

This month, the Deputy Commissioner's Corner is pleased to provide an update from the New York State Developmental Disabilities Planning Council (DDPC). The New York State Developmental Disabilities Planning Council (DDPC) enhances the lives of New Yorkers with developmental disabilities and their families through programs that promote self-advocacy, participation, and inclusion in all facets of community life. As specified in the Developmental Disabilities Assistance and Bill of Rights Act of 2000, state councils on developmental disabilities are required to submit 5-year plans, outlining goals and objectives that address need in the developmental disability community. The current DDPC 2022-2026 State Plan goals include:

1. Expanding opportunities for self-advocacy and offering programs for people with developmental disabilities (DD) that help build skills for independence and community living.
2. Increasing advocacy opportunities and strengthening capacity of family members and caregivers to practice self-care and provide support to people with DD to live independently in the community.
3. Improving services, support and systems within the state by piloting programs and supporting collaborations that promote person-centeredness, inclusion, disability awareness and outreach to all communities.

During the current State Plan, DDPC supported or continues to support cross-systems activities. Examples include:

- *Office for People with Developmental Disabilities (OPWDD)* – Engagement of community-based organizations and/or multicultural agencies to enhance the cultural and linguistic competency of informational materials about the Front Door while increasing Front Door access and addressing cultural and linguistic barriers.
- *Office of Mental Health (OMH), State Education Department (SED), Office for Children and Family Services (OCFS), and OPWDD* – Landscape analysis and development of best practices, guiding principles, training, and technical assistance to reduce the use of restraints and seclusion.
- *New York Unified Court System* – Disability awareness training for mediators to increase the capacity of Community Dispute Resolution Centers to support people with DD during decision-making processes, particularly in disputes with others.
- *OPWDD and OMH* – Mobile crisis intervention teams to specifically support youth in crisis with mental health challenges and developmental disabilities.
- *New York State Office for the Aging (NYSOFA)* – Disability awareness training and a train-the-trainer model to prepare NYSOFA for the ever-increasing aging population of people with DD
- *NYS Office for the Prevention of Domestic Violence (OPDV)* – Comprehensive training to identify and work with people with DD experiencing domestic violence designed to increase the capacity of DV service providers to serve people with DD.
- *Office for New Americans (ONA)* - Resources such as guides, trainings, and workshops, to inform New Americans with DD about New York's disability service and support system to increase ONA's organizational capacity and staff capabilities to serve New Americans with DD and their families.
- *Office of General Services, NYS Digital and Media Services Center* – Documentary highlighting the importance of lessons learned and positive changes that resulted in the closing of the Willowbrook State School in Staten Island.

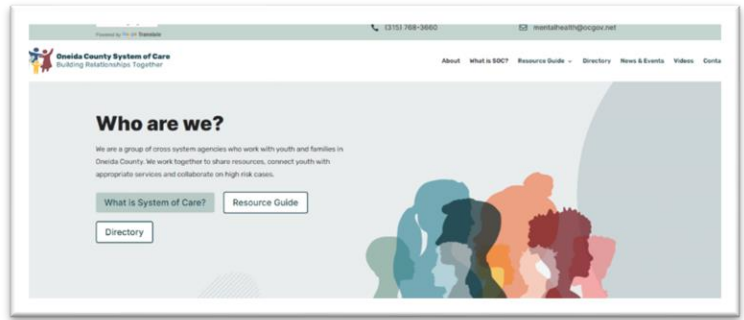
To learn more about DDPC's state plan, projects and work on the Willowbrook documentary, visit www.ddpc.ny.gov.

Deputy Commissioners Workgroup Membership: CCF (Vanessa Threatte, Elana Marton, Chris Tosado), DDPC (Vicky Hiffa), DOH (April Hamilton, Ann-Margret Foley, Myla Harrison, Suzanne Swan, Colette Poulin, Kirsten Siegenthaler), DOL (Chris White), Justice Center (Davin Robinson), OASAS (Pat Lincourt, Maria Morris Groves), OCFS (Lisa Ghartey-Ogundimu, Gail Geohagen-Pratt, Katherine Sena, Nina Aledort, Galen Gomes, Kristin Gleeson, Kathleen Hoskins), OMH (Bonnie Catlin, Angela Keller, Meredith Ray-LaBatt, Sarah Kuriakose, Nancy Pepe), OPWDD (Jill Pettinger, Abiba Kindo, Josh Olsen), SED (Kathleen DiCataldo, Suzanne Bolling), SOFA (Alana Stelline, Michael Gunn), Governor's Office (Emily Badalamente, Kim Hill)

Exemplars of Systems of Care Work in NYS

Oneida County System of Care Connects Families and School Districts to Community Resources

The [Oneida County System of Care](#) has created a [new website](#) to provide crucial information on available resources, and services to youth and their families. The website's robust [directory](#) allows users to filter the type of services they are looking for and provides links directly to the websites for increased accessibility. Seven online resource guides are available in the languages of English, Arabic, Burmese, Karen, Russian, Somali and Spanish. A hard copy of the [resource guide](#) is available, which along with postcards with the SOC website QR code and informational posters, will be distributed to providers, parents, caretakers and youth across the county.



Did You Know?

Congratulations to Recipients of 2023 Round of SAMSHA System of Care Grants

We are proud to recognize [Cayuga County](#), [Chautauqua County](#), and [Herkimer County](#) for receiving a new SAMSHA System of Care Expansion and Sustainability Grant. Their commitment to improving systems and services for children, youth and young adults, is commendable and we look forward to the positive impact their initiatives will have in our state.

2023 New York State Office of Mental Health Community Engagement Sessions

The New York State Office of Mental Health (OMH) conducted a total of 40 Community Engagement Feedback Sessions throughout the state between February and April 2023. The purpose of these sessions was to hear from individuals with lived experience, families, providers, community leadership, and advocates to guide the implementation of Governor Hochul's historic expansion of mental health services.

The [executive summary](#) offers a brief overview of the results, and the [slide deck](#) presents the detailed feedback collected, organized by theme and session location. OMH has begun using the data collected to inform planning, program design, and implementation strategies for the mental health budget initiatives. Feedback was also used to guide decisions around procurement and OMH has posted the tentative procurement schedule and open procurement opportunities on the [OMH website](#).

Submit Your Presentation Ideas!

The New York State System of Care team at Office of Mental Health is establishing a new series of SOC Virtual Learning Community Webinars starting this fall and is seeking presentations from County System of Care teams to highlight exemplary approaches and outcomes to their work. If your team is interested in making a presentation, please contact [Jessica Stanis](#) with a contact name, phone and email, along with a brief webinar proposal summary. All ideas supporting learning for System of Care folks are welcome! [Click here for a program flyer you can distribute to partners](#).

University of Connecticut Innovations Institute

Innovations Institute offers [numerous learning opportunities](#) for individuals seeking to build their knowledge and create more inclusive, linguistically competent, and culturally responsive public-serving systems.

2023 KIDS COUNT Data Book Available

The Annie E. Casey Foundation released the [2023 KIDS COUNT Data Book](#), which offers national and state data across four domains — economic well-being, education, health and family, and community — and ranks states in overall child well-being.

The Transgender Family Handbook Available

The [Transgender Family Handbook](#) is new resource for professionals and caregivers who are working with or raising transgender children and young adults.

OMH 988 Updates and Education Newsletter Available

We are pleased to share the fourth edition of this newsletter, highlighting important facts about 988, including where 988 calls are routed in New York, as well as information about the new LGBTQ+ Youth and Young Adult Support Line. Previous editions of the newsletter can be found on the [New York 988 webpage](#), or you can download PDF versions here in [English](#), [Spanish](#), [Simplified Chinese](#) and [Traditional Chinese](#). This resource can also be requested for any language that is not already available by filling out the [988 Resource Translation Request Form](#).

NCSMH 2023 Annual Conference on Advancing School Mental Health

Organized by the National Center for School Mental Health (NCSMH), this year's conference will be December 5-7, 2023, in New Orleans, LA, and is themed ***Building Hopeful Futures for All Youth***. [Click here for more information](#).

Long Island School-based Mental Health Graduate Student Scholarships Available

The Long Island Mental Health Professional Expansion Project (LIMHPEP) has 16 scholarships available for eligible graduate students in an effort to expand the qualified mental health workforce in school social work, school counseling or clinical mental health counseling in high-need school districts on Long Island. Scholarships include professional development coaching and support throughout the academic journey. [Please click here for additional information](#).

American Psychological Association Inclusive Language Guidelines

The American Psychological Association (APA) has [published a set of guidelines](#) for our use of language supporting Diversity, Equity and Inclusion. This document is a great addition to trainings or in support of any DEI conversation, and includes alternative terms and phrases for age, disability status, gender, race and many other categories.

2023 New York State Suicide Prevention Conference

This year's in-person conference will be held on October 17, 2023, in Albany, NY and is specifically focused on youth and shifting the conversation from crisis to prevention. This conference is free for all registrants and there will be CEU offerings for full day social work and mental health counselor attendees. In addition, there will be specific learning and wellness opportunities for youth (high-school aged). [Click here](#) for more information.

Useful Links and Tools

- [New York State Systems of Care](#)
- [New York State High Fidelity Wraparound](#)
- [New York State SHAPE](#)
- [Diversity, Equity, and Inclusion – New York State OMH/Nathan Kline Institute](#)
- [NKI Center for Research on Cultural and Structural Equity in Behavioral Health](#)
- [New York State OASAS Harm Reduction – Obtain Naloxone \(Narcan\) and Test Strips](#)
- [NYS Multiple Systems Navigator](#)
- [New York 988 Website](#)
- [NYS Grants Gateway](#)
- [NYS Conference of Local Mental Hygiene Directors](#)
- [National Center for Training and Technical Assistance on Child, Youth and Family Mental Health \(NTTAC\)](#)
- [University of Connecticut School of Social Work Innovations Institute](#)
- [Center of Excellence LGBTQ+ Behavioral Health Equity](#)
- [Youth Involvement and Assessment Tool](#)
- [Youth Mentoring Dashboard – NYS DCJS and NYS Youth Justice Institute](#)
- [Toolkit for Implementing Authentic Youth Engagement Strategies Within State Advisory Groups](#)
- [The National Institute for Health Care Management \(NIHCM\) US Children's Well-being Infographic](#)
- [New York State OCFS Mandated Reporter Decision Tree and Bias Assessment Tool](#)
- [Headspace Health Unified Mental Health and Wellbeing Experience for Employers and Employees](#)
- [Public Health Emergency Communications Toolkit for Medicaid and other public insurance recertification](#)
- [Wisconsin Systems of Care Community Readiness Assessment](#)
- [American Psychological Association DEI Inclusive Language Guidelines](#)
- [Medicaid and School Based Services Technical Assistance Center](#)
- [Transgender Family Handbook](#)

Subscribe to (or unsubscribe from) the NYS Systems of Care Listserv by emailing [Angela Keller](#).

